

# East House Newsletter Class of 2022

Todd A. Richard, House Principal

J.P. Zuccherro, Assistant Principal

**Dear Class of 2022:**

February 3, 2021

As the fall term concludes and the spring term commences, we write to provide several updates and also to extend our deepest thanks to every student, faculty, staff member, and parent who has shown such fortitude and resourcefulness in bringing us to this point in one of the most challenging years in recent memory. We know, too, that we face a spring term that may in many ways look similar to the fall. Irrespective, we will continue to make progress on our central priorities in the East House.

When we first wrote to you in our Fall 2020 Newsletter, we mentioned that this year's class theme for the East House is *Building Critical Thinking Skills*. We will continue building on our theme by offering the additional resources from <https://yourlogicalfallacyis.com/> and <https://yourbias.is/>. These resources will provide tools to further develop critical thinking skills and analysis, helpful both in an academic and professional environment now and in the years to come.

In closing, we want to recognize the resilience of our students during the last year. There's a lot ahead of us to accomplish in the coming semester and beyond. Our best hope for success, we are sure, is to work on it together; we look forward to doing so with all of you in support of our phenomenal students in the Class of 2022!

## Junior Scheduling Meetings with Counselors

**Each school counselor will be meeting with their students individually to schedule students for the upcoming 2021-2022 school year.** Students are encouraged to review the 2021-2022 [Course Selection Guide](#) ahead of their scheduling meeting. For more information about scheduling, the college application process, standardized testing prep, and course selections, please contact your counselor or visit the [AHS Guidance Web Page](#)!

## College Planning for Senior Year

[The 2022 Junior College Planning Packet](#)

The school counselors have provided important information in this packet to help effectively guide you through the college, military and career exploration processes. This planning guide was created with the help of several sources including our many years of experience, discussions with college admissions officers, military personnel, and other high school counselors. **It is our goal that each student will find the most appropriate path in planning and pursuing post high school plans.** Your counselor is available to guide and assist you through the process. This is your future. **\*\*Please be aware that any information/dates in this packet are subject to change due to COVID health and safety restrictions\*\***

## February 10: Assembly Day & Workshop!

**Junior and Senior Students will attend "Courageous Conversations" with SJ Miller.** SJ Miller, an award winning teacher/writer/activist/scholar, both nationally and internationally, is a secondary literacy specialist whose emphasis is on social justice and gender identity in pre-K through university level teaching. SJ gives keynotes across the world. To learn more about the presenter click [here](#).

**There is also a Workshop Opportunity! Students interested in attending an additional workshop with the speaker after the assembly can register for the workshop by clicking [here](#).** Space is limited and we encourage students to register ASAP!

# Marking Period Designations and Reporting \*revised 2/10/21

	Progress Report Period Date	Progress Report Publish Date	Marking Period Period Date	Marking Period Publish Date
<b>Marking Period 1</b> (September 10 - November 6)	Friday, October 9	Thursday, October 15	Friday, November 6	Thursday, November 12
<b>Marking Period 2</b> (November 9 - January 25)	Friday, December 11	Thursday, December 17	Monday, January 28	Friday, February 5
<b>Marking Period 3</b> (February 1 - April 9)	Friday, March 5	Wednesday, March 10	*Friday, April 9	*Wednesday, April 14
<b>Marking Period 4</b> (April 12 - June 24)	Friday, May 7	Thursday, May 13	Thursday, June 24	Saturday, June 26

## Required Vaccination Senior Year

At the age of 16 years, your child becomes eligible for the *Meningitis ACWY* vaccine. Why is this important? This is **A REQUIRED VACCINE FOR THEIR SENIOR YEAR**. Do not wait until the last minute! NYS requires exclusion from school if this vaccine is missing 14 days after the first day of school during their senior year. We suffered a major shortage of this vaccine in September of 2020.

Important school immunization information per [NYS Department of Health](#):

*“Within 14 days of the first day of school, parents must: Show proof of their child's up-to-date vaccinations, OR Provide a valid medical exemption from vaccination.”*

### Things to do:

1. Call your 16-year-old junior's doctor and make an appointment for the *Meningitis ACWY* vaccine.
2. Send a copy of your child's vaccine record to the health office via fax at **845-350-4182** or email [ahs-nurse@acsdny.org](mailto:ahs-nurse@acsdny.org)

### No primary physician? No problem:

- The Dutchess County Department of Health provides vaccines for the uninsured. They may be reached at 845-486-3535.
- Local pharmacies administer vaccines. They may also take your insurance. Call them for more information.

**LASTLY**, there are TV commercials for the Meningitis B vaccine. This vaccine is optional for school. Please get the **REQUIRED MENINGOCOCCAL ACWY** vaccine.

## Student Mental Health Wellness & Support

Each year, millions of Americans face the reality of living with a mental health condition. However, mental illness affects everyone directly or indirectly through family, friends or coworkers. Despite mental illnesses' [reach and prevalence](#), stigma and misunderstanding are also, unfortunately, widespread.

That is why each year, during the first week of October, NAMI and participants across the country raise awareness of mental illness. Each year, we educate the public, [fight stigma](#) and provide support. Our movement grows stronger and more widespread.

We believe that mental health conditions are important to discuss year-round, but highlighting them during Mental Illness Awareness Week provides a dedicated time for mental health advocates across the country to come together as one unified voice. Since 1990, when Congress officially established the first full week of October as Mental Illness Awareness Week (MIAW), advocates have worked together to sponsor activities, large or small, to educate the public about mental illness. To learn more click [here](#).

NAMI (National Alliance on Mental Illness) Mid-Hudson provides FREE education, support and resources for families impacted by mental health conditions. Visit [www.NAMIMidHudson.org](http://www.NAMIMidHudson.org) to learn more.

## The MST (Math, Science, Technology) Fair

All Arlington students are invited to participate in this year's virtual [MST Fair on March 6 from 8:30 - 12:00 noon](#). Register by February 12. Categories include physics, chemistry, biology, environmental sciences, mathematics, engineering, computer science, behavior & social sciences, and earth & space science. Participating students will be placed into a Google Meet session with an Arlington staff member as the head listener. Students will have up to 10 minutes to share their project and answer questions from the listener. Following the Fair, a slide presentation will be created and shared on the district website to showcase students' projects. Students who are interested in participating in the slideshow should send a picture of themselves and their project to M. Erlebacher ([keycommunicator@acsdny.org](mailto:keycommunicator@acsdny.org)). The slideshow will be published in the spring.

Learn more by clicking [here](#).

## March 10: AHS Spring Equity Conference

The AHS Spring Equity Conference will take place on Wednesday, March 10, 2021 from 6:30-8:30 PM. The workshops are AHS student led and student created. Participants may register for ANY TWO workshops. The workshops are open to all AHS students, parents, faculty, staff, and community members and partners.



Each workshop will run the same session in back-to-back time periods. For example, workshop session #1 (6:45-7:30 PM) will repeat during workshop session #2 (7:35-8:20 PM). There is limited space for each workshop and we urge all to sign up as soon as possible! **The last day to register for the AHS Equity Conference is Friday, February 26, 2021.** Once registered, all participants will receive a Confirmation of Registration email by March 1, 2021. Please find workshop titles and descriptions below.

Learn more and register [here!](#)

## Podcast Recommendation: This American Life

From This American Life host Ira Glass: *To commemorate our 25th year, I've collected a few favorite episodes. It was hard to pick! Many of my favorite episodes are when we try something new, something we've never heard of any radio show attempting, such as sending a half dozen people to report on a 24-hour diner or a car dealership for a month. Some of our best stories covered the news. If you've never heard about our show, any of these episodes is a great place to start (and more than you could ever possibly want to know about us is [here](#)).*

## AHS and East House Health & Safety

For specifics regarding mandatory health screenings, physical distancing, personal protection equipment and face coverings, hygiene, cleaning, and disinfection, visitors to the school, medically vulnerable/high risk groups, and other topics related to health and safety, please review the "Health and Safety" section of the [Arlington Central School District 2020/2021 Reentry Plan](#). These sections will be used for students, faculty, staff, and other individuals to ensure appropriate protocols, including PPE, which is used to protect against the transmission of the COVID19 virus when on school grounds and in school facilities.

**Athletics:** For more information on athletics, please click here: [Athletics](#)



**Class of 2022 on Twitter!**

[@ahshouseof2022](#)



## Black History Month: February 2021

It was in 1964 when the author James Baldwin reflected on the shortcomings of his education. *"When I was going to school,"* he said, *"I began to be bugged by the teaching of American history because it seemed that that history had been taught without cognizance of my presence."*

Baldwin's thoughts echoed those of many before and after him. Half a century earlier, when Carter G. Woodson had the same frustration, he set the foundation for what would become today's national Black History Month, observed each February.

In the early 20th century, while he earned a Master's Degree from the University of Chicago and a Ph.D. from Harvard, both in history, Woodson witnessed how Black people were underrepresented in the books and conversations that shaped the study of American history. According to the way many historians taught the nation's past, African Americans were barely part of the story—a narrative that Woodson knew was not true. So in 1915, he and Jesse E. Moorland founded the [Association for the Study of African American Life and History](#) (ASALH). The organization would promote studying Black history as a discipline and celebrate the accomplishments of African Americans. **Source:** [Time Magazine: History Education](#)

## AHS PTSA

Visit the [AHS PTSA website](#) under the **Parents** section of the AHS website or on [Facebook](#) or [Twitter](#). The entire faculty thank the PTSA for all it has done to support Arlington High School.

The ACSD SEPTA (Special Education PTA) is also an active and important organization in the district. For more information on SEPTA, please visit the website [HERE](#) found under the PTSA website.

## How to Obtain Working Papers During COVID-19

School districts in New York State must continue to issue employment certificates to qualified applicants, including during school closures. Section 3215-a of New York State Education Law requires schools to provide this service for pupils and employers in the community. School superintendents have the authority to designate principals or other school officials to act as certificating officials, and nonpublic schools and BOCES may issue such certificates to their own students. Minors may apply for certificates where they live, where they go to school, or where they are to be employed. During the period of school closures due to COVID-19, Arlington Central School District has elected to issue working papers using an alternative process. [Procedures](#) and [forms](#) can be found in the school website *QuickLinks* section under [Working Papers Instructions and Forms](#).

## Important Attendance Information

When a student is absent or tardy, the school must obtain a signed "excuse" or "note" from the parent or guardian showing: (1) the student's full name (2) days and dates absent from school (3) the reason for absence or tardiness. **We now have a new email address for attendance. Please use this email when you are sending in a note for your child. The email address is as follows:**

[ahsattendance@acsdny.org](mailto:ahsattendance@acsdny.org). **When tardy**, the expected arrival time to school is to be stated in the excuse note. This excuse is to be presented to the Attendance Office (in front lobby) immediately upon entering the school. Upon receipt of the excuse, an admit pass will be issued to the student which must be shown to their first period teacher. For further details on the attendance policies and consequences related to attendance, please see the [Student Handbook](#).

## Dutchess BOCES CTI Counselors:

Kirstin Litwin, Students: A-K  
845-486-8001 ext. 4534  
kirstin.litwin@dcbooces.org

Deanna Pillius, Students: L - Z  
845-486-8001 x 4544  
deanna.pillius@dcbooces.org



## SchoolTool Parent/Student Portal

**Progress Reports** and **Report Cards** are not mailed home, so the SchoolTool Portal is the only way to view this important information! The Portal also provides parents and students with secure online access to see a student's **Emergency Contacts, Daily Attendance, Course Schedules, Assessments, and Assignments**.

**STUDENTS:** *New!* All AHS students can now log into their SchoolTool portal account with their ACSD student email. All students were sent a message from *parentportal* in the past few weeks with a password. Students can search "*parentportal*" in their email to find their password or they can reach out to their counselor for information on how to obtain a new password.

**PARENTS:** For information about how to create an account, please visit the [SchoolTool Portal](#) where there are [Instructions for Signing Up for Parent Portal During COVID-19](#).

**PARENTS AND STUDENTS:** If you have any questions or have any problems accessing the Portal, please email our [SchoolTool Portal Help Desk](#).

### Using the Portal and Report Cards to Track Absences

Understanding the critical relationship between attendance and school success, we encourage parents to review their child's report card carefully, noting the class absences. In order to view this on the parent portal, select the **grades tab**, make sure the view is on **Report Card** and click the **print icon** button to view the attendance on your screen. If you have any concerns regarding attendance or academic progress, please contact your student's guidance counselor or house administrators.



## Portal de SchoolTool Para Padres/Estudiantes

**Los Informes de Progreso** y las **Reporte de Calificaciones** no se envían por correo a casa, por lo que el Portal SchoolTool es la única forma de ver esta información importante. El Portal también brinda a los padres y estudiantes acceso seguro en línea para ver los contactos de **Emergencia, La Asistencia Diaria, Los Horarios de Los Cursos y Las Evaluaciones y Asignaciones de un Estudiante**.

**ESTUDIANTES:** *¡Nuevo!* Todos los estudiantes de Arlington ahora pueden iniciar sesión en su cuenta del portal SchoolTool con su correo electrónico de estudiante de Arlington. A todos los estudiantes se les envió un mensaje anteriormente de *parentportal* con una contraseña. Los estudiantes pueden buscar "*parentportal*" en su correo electrónico para encontrar su contraseña, o pueden comunicarse con su consejero/a para obtener información sobre cómo obtener una nueva contraseña.

**PADRES:** Para obtener información sobre cómo crear una cuenta, visite el [Portal SchoolTool](#), donde encontrará [Instrucciones Para Registrarse en el Portal Para Padres Durante el COVID-19](#).

**PADRES Y ESTUDIANTES:** Si tiene alguna pregunta o tiene problemas para acceder al Portal, envíe un correo electrónico a nuestra [Mesa de Ayuda del Portal SchoolTool](#).

### Uso del Portal para Los Reportes de Calificaciones y Ausencias

Al comprender la relación fundamental entre la asistencia y el éxito escolar, animamos a los padres a que revisen el reporte de calificaciones de sus hijos con cuidado, tomando nota de las ausencias a clases. Para ver esto en el portal para padres, seleccione la pestaña de calificaciones, asegúrese de que la vista esté en reporte de calificaciones y "haga clic" en el botón del icono de impresión para ver la asistencia en su pantalla. Si tiene alguna inquietud sobre la asistencia o el progreso académico, comuníquese con el consejero de orientación o los administradores de la casa de su estudiante.

**ACSD Code of Conduct Student Signature Reminder:** Any student who has not yet signed the 2020-2021 ACSD Code of Conduct can complete the signature form by clicking [here](#).



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# High School Hybrid Schedule

February 1, 2021 - February 26, 2021

Please note: the A/B/C/D schedule is available on the school webpage

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1 (Feb 1-5)</b>	<b>NO SCHOOL Snow Day</b>	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>Gray Cohort at School</b> Other Cohorts Live Online	<b>Gray Cohort at School</b> Other Cohorts Live Online
<b>Week 2 (Feb 8-12)</b>	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>All Cohorts Live Remote Online</b>	<b>Gray Cohort at School</b> Other Cohorts Live Online	<b>Gray Cohort at School</b> Other Cohorts Live Online
<b>Week 3 (Feb 15-19)</b>	<b>NO SCHOOL President's Day</b>	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>Gray Cohort at School</b> Other Cohorts Live Online	<b>Gray Cohort at School</b> Other Cohorts Live Online
<b>Week 4 (Feb 22-26)</b>	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>Blue Cohort at School</b> Other Cohorts Live Online	<b>All Cohorts Live Remote Online</b>	<b>Gray Cohort at School</b> Other Cohorts Live Online	<b>Gray Cohort at School</b> Other Cohorts Live Online

<b>Hybrid (in school) Bell Schedule (M,T,W, Th)</b>	
<b>Period</b>	<b>Time</b>
Entry/Homeroom	7:20-7:35
1	7:35-8:15
2	8:20-9:00
3	9:05-9:45
4	9:50-10:30
5	10:35-11:15
6	11:20-12:00
7	12:05-12:45
8	12:50-1:30

<b>Period</b>	<b>Remote Times (M, T, Th, F)</b>	<b>Remote Times Wednesday</b>
1	8:00 - 8:37	9:00 - 9:30
2	8:42 - 9:19	9:35 - 10:05
Break	9:19 - 9:39	10:05 - 10:25
3	9:39 - 10:16	10:25 - 10:55
4	10:21 - 10:58	11:00 - 11:30
Break	10:58 - 11:18	11:30 - 11:50
5	11:18 - 11:55	11:50 - 12:20
6	12:00 - 12:37	12:25 - 12:55
Break	12:37 - 12:57	12:55 - 1:15
7	12:57 - 1:34	1:15 - 1:45
8	1:39 - 2:16	1:50 - 2:20